

MEMA's PET SAFETY TIPS FOR WINTER MONTHS

The Massachusetts Emergency Management Agency (MEMA) has issued the following suggestions to keep our pets safe from the dangers of harsh winter weather: do not leave your pet outdoors when temperatures drop below freezing; care for your pet's feet by washing its paws if it has been walking on any salted or chemically treated areas; because wind chill is a threat to pets, make sure that outdoor doghouses are insulated from the wind and cold; routinely check that your outdoor pets have adequate food and water to enable them to have enough energy to maintain their body warmth; never leave a pet locked inside a car during extremely cold weather; be leery of frozen bodies of water and keep your pets on a leash when walking near suspected frozen ponds and lakes; be aware that antifreeze and de-icing chemicals can be hazardous to pet, and; parked vehicles can attract small animals that may crawl under the hood to seek warmth, so bang on your car's hood to scare them off before starting your engine. For additional information about keeping your pets safe, go to the State of Massachusetts Animal Response Team (SMART) website at www.smart-mass.org.

MEMA is the state agency charged with ensuring that the state is prepared to withstand, respond to, and recover from all types of emergencies and disasters, including natural hazards, accidents, deliberate attacks, and technological and infrastructure failures. MEMA ensures the Commonwealth's ability to rapidly recover from large and small disasters by assessing and mitigating threats and hazards, enhancing preparedness, ensuring effective response, and strengthening our capacity to rebuild and recover. For additional information about MEMA and Winter Preparedness, check the MEMA website at www.mass.gov/mema. MEMA has developed a winter safety series and copies are available at the senior center.

Monday, December 30

Ceramics 9:00 a.m. in lieu of 12/26

Sit & Be Fit 9:30 a.m.

Tai Chi 10:45 p.m.

Knitting Class 1:00 p.m.

Shaws 1:00 p.m.

Tuesday, December 31

NO Stretch & Balance today

Nutrition 11:00 a.m.

Discussion Group 1:00 p.m.

Talespinners 2:00 p.m.

Wednesday, January 1

Happy New Year!

Senior Center Closed

Thursday, January 2

Ceramics 9:00 a.m.

Friday, January 3

8:30 a.m. Stop & Shop

9:30 a.m. YMCA Exercises

11:00 a.m. Card Making

11:00 a.m. Cribbage

Monday-Thursday 8 a.m. to 4 p.m., Friday 8 a.m. to 3 p.m. Tel. 508-543-1252. www.foxboroughma.gov

NEW PROGRAMS

AQUATICS CLASSES

In partnership with the Invensys/Foxboro YMCA, aquatics classes are available to our seniors. Come to the senior center at 75 Central Street to sign-up for the aquatics classes that are held at the beautiful